



Items	Qty	Checklist <input checked="" type="checkbox"/>	Remarks
NIGHT BAG			
Yellow Tshirt	1		To be worn on Day 1
Red Tshirt	1		Day 2
Blue Tshirt	1		Day 3
Bottoms (shorts or long pants)	3		Day 2, 3 and spare
Extra Tshirt	1		Spare
Undergarments	3 sets		Day 2, 3 and spare
Socks	3		Day 2, 3 and spare
Bath Towel	1		
Slippers / Sandals	1 pair		Shower and Day 3 wet games
Toothbrush & Toothpaste	1		
Comb / Hairbrush / Hair Tie	1		
Shampoo & Shower Gel	1		
Sanitary Napkins (if necessary)	As needed		
Plastic / Laundry Bags	3		For wet / dirty clothes
S Hook	1		For hanging of plastic bag during shower

Hangers (normal / foldable)	1 (optional)		To hang wet towels
Sleeping Attire (long sleeves / pants)	2		Will be sleeping in air-conditioned room
Sleeping Bag	1		
Inflatable Pillow	1 (optional)		
Torch Light	1		
Personal Medication (eg. Asthma medical)	As required		E.g. Inhaler
DAY BAG (to be packed separately)			
Water Bottle	1		
Stationery (writing materials)	1		
Sweater (the meeting hall is air-conditioned)	1		
Small Towel	1		